# Learning Mindsets Self-Assessment

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| **Learning Mindset** | **What might it look like to develop this?** | **Self-Assess** |
| **About how often is each practice present in your work with students?**  |
| 4 = Every day or almost every day | 3 = Once or twice a week | 2 = Once or twice a month | 1 = Rarely if at all |
| ***Growth Mindset*** | **Struggle is framed as a normal** and encouraged part of learning, and space is given for students to grapple productively with complex ideas.  |  |  |  |  |
| ***Growth Mindset*** | Students are given **regular opportunities to revise**, and feedback is seen as a chance to learn. |  |  |  |  |
| ***Growth Mindset*** | **Praise is given for progress and effort**, and feedback highlights both good strategies to keep and ways to continually improve.  |  |  |  |  |
| ***Growth Mindset*** | Students are encouraged to **find more than one path** to a given goal or solution.  |  |  |  |  |
| ***Growth Mindset*** | **Setbacks are seen as normal** and as an opportunity for creative problem solving. |  |  |  |  |
| ***Value for Learning*** | Student have regular opportunities to **make choices about their own learning** and goals. |  |  |  |  |
| ***Value for Learning*** | Authentic and engaging content encourages students to **make connections to their own lives**, articulate for themselves **why the learning matters to them**, and cultivate intrinsic value for learning.  |  |  |  |  |
| ***Sense of Belonging*** | **Adults build positive relationships with students**, in which each student feels that everyone in the room believes he or she can learn and succeed. |  |  |  |  |
| ***Sense of Belonging*** | Classes provide a **nurturing environment for students to take risks**, raise questions, and try new ideas. |  |  |  |  |